

THE ACADEMY FOR SPIRITUAL FORMATION

Lay and clergy persons are invited to participate in the Indiana Five-Day Academy for Spiritual Formation.

What can you expect?

- A time of intentional spiritual growth in a disciplined community of prayer, study, worship, and fellowship.
- An opportunity for celebrating holistic spirituality - renewing body, mind, and spirit.
- A place where community silence enhances personal prayer and reflection.
- A time to experience the rhythm for the week through morning, evening, and nightly prayers as well as daily Eucharist.

REGISTRATION

Online registration only:
www.inumc.org/indianaASF

Early Bird (prior to May 1, 2023)
Single: \$650 Double: \$550

After May 1, 2023
Single: \$750 Double: \$650

Final payment due August 1, 2023

*Cultivating Compassion
is the only thing that
can move us forward
in a divisive world
where people reject one
another.*

St. Joseph Retreat & Conference Center

1440 W. Division Road
Tipton, Indiana
765-551-9570
www.stjosephretreat.org

Questions?

Contact Rhonda Hainer
rhonda.hainer@gmail.com



The Academy
for spiritual formation®

THE UPPER ROOM

INDIANA FIVE-DAY ACADEMY FOR SPIRITUAL FORMATION

*Cultivating
Compassion*

September 17-22, 2023

sponsored by:



Leadership Development
of the United Methodist Churches of Indiana



FACULTY

Rev. Dr. Dwight Judy



Rev. Dr. Dwight Judy is Professor Emeritus of Spiritual Formation at Garrett-Evangelical Theological Seminary and a retired elder in The United Methodist Church. He served as a parish pastor in the 1970s in the Dallas area, where he engaged in many arenas of community service. In 1980 he began doctoral studies at the Institute of Transpersonal Psychology, and continued serving on faculty there until 1994 when he moved to Syracuse, Indiana, to work with the Oakwood Spiritual Life Center. His work shifted to Garrett-Evangelical in

2002, where he helped establish the nationally-recognized United Methodist Certification in Spiritual Formation as a specialized ministry. He is the author of six books on the inner life. Dwight presently serves as a spiritual director.

Dwight has been married to Ruth for over 55 years, and they are parents to two grown sons.

Rev. Dr. Kwasi Kena



Rev. Dr. Kwasi Kena served for eight years as the Director of Evangelism Ministries at the General Board of Discipleship of The United Methodist Church. He also served the General Commission of United Methodist Men as the Director of Field Services and the General Editor of UMMen Magazine. Kwasi and his wife also served as missionaries to Ghana, West Africa, assisting the Methodist Church Ghana in curriculum writing, clergy and lay leadership development and local pastor's education. He has taught at several

colleges and universities. He is an ordained elder in The United Methodist Church and has served as a pastor in Iowa, and as the first coordinator of congregational development for the Greater New Jersey Annual Conference. Kwasi has been in frequent demand as a preacher, workshop leader, and guest musician for national events.

Kwasi is married to Rev. Dr. Safiyah Fosua. They have two adult children and are the proud grandparents of two grandchildren. Kwasi spends every available spare moment playing piano and creating new arrangements of familiar hymns and sacred music. He also enjoys photography, creative writing, and collaborating with imaginative performing artists in worship.

SCHEDULE

ARRIVAL (Sunday)

- 3:30 p.m. Registration
- 5:00 p.m. Eucharist (Holy Communion)
- 6:00 p.m. Dinner
- Orientation
- 7:15 p.m. Listening Circles
- 9:00 p.m. Night Prayer (followed by silence until morning prayer)

TYPICAL DAILY RHYTHM (Monday-Thursday)

- 7:30 a.m. Morning Prayer
- 8:00 a.m. Breakfast
- Curriculum I
- Silence and Solitude
- Plenary Session
- Community Time
- 12:00 p.m. Lunch and Free Time
- Curriculum II
- Silence and Solitude
- Plenary Session
- Community Time
- 5:15 p.m. Eucharist
- 6:00 p.m. Dinner
- 7:15 p.m. Listening Circles
- 9:00 p.m. Night Prayer (followed by silence until morning prayer)

DEPARTURE DAY (Friday)

- 7:30 a.m. Morning Prayer
- 8:00 a.m. Breakfast
- Curriculum I
- Curriculum II
- Eucharist
- 12:15 p.m. Lunch and Adjournment

LEADERSHIP TEAM

UPPER ROOM MENTOR

Rev. Jennie Churchman is the Senior Minister at Eureka Christian Church, Eureka, IL and is our liaison with the Upper Room.

TEAM LEADER

Rev. Rhonda Hainer is a retired United Methodist minister, and is the pastor of St. Paul's United Church of Christ in St. Marys, OH.

LISTENING CIRCLES COORDINATOR

Rev. Chris Danielson is a retired United Methodist pastor. He lives in Ft. Wayne with his wife, Carolyn.

HOSPITALITY

Margie Sharples is an active lay woman in the Indiana Conference and chairs the Indiana Conference Spiritual Formation Committee.

WORSHIP

Rev. Dr. Cindy Reynolds is a retired United Methodist pastor. She lives in Indianapolis and worships at Castleton UMC.

MUSIC

Rev. Mary Dicken is Pastor of Mission and Discipleship at Meridian Street UMC in Indianapolis as well as a professional harpist.



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