

# REGISTRATION

Registration and payment can be made through the Conference website: [flumc.org/5dayacademy](http://flumc.org/5dayacademy)  
Cost includes materials, planning, faculty, & Upper Room fees.

- ☐ \$699 Single Room
- ☐ \$599 Double Room
- ☐ \$400 Hybrid (a limited number of hybrid applications will be accepted).

If you are unable to pay online, checks are payable to **Florida Conference Treasurer** with "Your Name/5 Day Academy" on memo line mailed to: CJM Ministries at 450 Martin Luther King Jr. Ave., Lakeland, FL 33815

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Church: \_\_\_\_\_

**FULL PAYMENT DUE BY  
FEBRUARY 5, 2023**

To apply for a scholarship to help defray some Academy cost, contact Jim Cook at [jimcook6244@gmail.com](mailto:jimcook6244@gmail.com) or Ann Abbott at [annabbott@cox.net](mailto:annabbott@cox.net).

# SCHEDULE

7:30 A.M. Morning Prayer

8 A.M. Breakfast

9 A.M. Faculty Presentation: Roberta Bondi

10 A.M. Silent Reflection Time

11 A.M. Group Discussion and Community Time

12 P.M. Lunch and Free Time

2:30 P.M. Faculty Presentation: Roger Owens

3:30 P.M. Silent Reflection Time

4:30 P.M. Group Discussion Time

5:15 P.M. Eucharist Service

6 P.M. Dinner and Free Time

7:30 P.M. Covenant Groups

9 P.M. Night Prayer

*Great Silence until Morning Prayer*

Registration is from 3:30 to 5 P.M. Sunday afternoon March 5th in the Gold Room. The Academy ends with lunch on Friday, March 10, 2023. Participants are encouraged to remain on site throughout the Academy.

Three (3) CEUs are available from the Florida Conference (FREE) and/or from the GBOD for a fee of \$15.

**ALL COVID-19 PROTOCOLS  
PROVIDED BY THE FLORIDA CONFERENCE  
MUST BE OBSERVED.**

Scan the QR code to  
register and pay online.



# THEN & NOW

ALL WILL BE WELL

**FIVE-DAY HYBRID ACADEMY FOR  
SPIRITUAL FORMATION**

## MARCH 5-10, 2023

**WARREN WILLIS CAMP  
& CONFERENCE CENTER**

**4991 PICCIOLA ROAD, FRUITLAND PARK, FL**

**FACULTY:**

**DR. ROBERTA BONDI & L. ROGER OWENS**



The Florida Conference  
OF THE UNITED METHODIST CHURCH

THE UPPER ROOM

## THE ACADEMY FOR SPIRITUAL FORMATION IS...

- For lay and clergy persons of all denominations who hunger for spiritual growth;
- A place where community silence enhances personal prayer and reflection;
- A time of spiritual renewal and discovery through academic presentations, personal reflections, and communal sharing;
- A time for sharing morning and night prayer, and evening Eucharist, all of which set the rhythm of the day.
- A time to share spiritual growth and friendship in covenant groups.

## THESE 5 DAYS...

Psalm 131:2 says,  
"But I have calmed and  
quieted my soul, like a  
weaned child with its  
mother; my soul is like  
the weaned child that  
is with me."

To be able to explore our journeys together with a promise like the one included above promises to be...

...a gift of time  
...a gift of freedom to explore  
...a gift of community support  
...a gift of listening and being listened to  
...a gift of relaxation, rest, and realization providing

NEW INSIGHTS, NEW FRIENDS, NEW AWARENESS

May these be our gifts these 5 days.

# ACADEMY FACULTY



DR. ROBERTA BONDI

### "JULIAN OF NORWICH"

Roberta Bondi is Professor Emerita of Church History at Candler School of Theology at Emory University, Atlanta. Collegeville Institute has said, "She makes present to us the Fathers and Mothers of the church long ago. When you read Bondi on the desert ascetics and medieval mystics, you are there...." ([collegevilleinstitute.org](http://collegevilleinstitute.org)).

Notable books by Bondi include:

- *To Love as God Loves: Conversations with the Early Church*
- *To Pray and to Love: Conversations on Prayer with the Early Church*
- *In Ordinary Time: Healing the Wounds of the Heart*
- *Memories of God: Theological Reflections on a Life.*

She is highly regarded as a leading authority on Julian of Norwich.

Roberta currently lives with her husband Richard in beautiful North Georgia.

### RECOMMENDED READING

*Julian of Norwich The Showings: Uncovering the Face of the Feminine in Revelations of Divine Love* by Mirabai Starr

Roberta recommends you read this book at a rate of two pages per day. When done, begin reading the book again!



L. ROGER OWENS

### "THE LONG TURNING: CONTEMPLATIVE PRAYER AND THE CHRISTIAN LIFE"

L. Roger Owens is professor of Christian spirituality and ministry at Pittsburgh Theological Seminary. He is an ordained Methodist Minister.

Roger invites us into conversation about the question of what it means to be contemplative and how that spiritual exploration can add immeasurably to the real life we experience each day.

We are eagerly looking forward to Roger Owen's coming to the Florida Academy again. His books are both unique invitations for approaching prayer and life differently.

### RECOMMENDED READING

*Everyday Contemplative: The Way of Prayerful Living* by L. Roger Owens

*Into the Silent Land* by Martin Laird

### LEADERSHIP TEAM

**Retreat Leaders:** Jim Cook & Ann Abbott

**Covenant Groups:** Sarah Madsen • **Hospitality:** Kathy Houser

**Music:** Rev. Steve West • **Humble Servant:** Rev. Drew Weseman

**Mentor and Spiritual Director:** Kristen Vincent