

**VIRTUAL ACADEMY FOR SPIRITUAL FORMATION
SCHEDULE
JANUARY 31-FEBRUARY 2, 2021**



Sunday, January 31

6:30-7:15	Welcome and Opening Worship
7:30-8:00	Community Time
8:15-9:15	Listening Circles with Night Prayer

Monday, February 1

8:15-8:45	Morning Prayer
9:00-9:50	Curriculum I
10:00-11:00	Silence for prayer and reflection
11:00-11:30	Plenary discussion with faculty
11:30-11:45	Midday Prayer
11:45-2:00	Lunch, free time
2:00-3:00	Curriculum II
3:00-4:00	Silence for Reflection
4:00-4:30	Plenary discussion with faculty
4:45-5:30	Eucharist
5:30-6:45	Dinner
7:00-8:30	Listening Circles
8:30-9:00	Night Prayer

Silence observed during the night until Morning Prayer.

Tuesday, February 2

8:15-8:45	Morning Prayer
9:00-9:50	Curriculum III
10:00-11:00	Silence for prayer and reflection
11:00-11:30	Plenary discussion with faculty
11:45-12:30	Eucharist