

# Suggested Schedule

## Monday

- 3:00 p.m. Registration
- 5:15 p.m. Eucharist
- 6:00 p.m. Dinner
- 6:45 p.m. Orientation
- 7:30 p.m. Listening Circles
- 9:15 p.m. Night Prayer
- 10:00 p.m. The Great Silence

## Tuesday-Friday

- 7:30 a.m. Morning Prayer
- 8:00 a.m. Breakfast
- 9:00 a.m. Faculty Presentation
- 10:00 a.m. Silent Reflection Time
- 11:00 a.m. Plenary Discussion
- 11:30 a.m. Community News
- 12:00 p.m. Lunch and Free Time
- 2:30 p.m. Faculty Presentation
- 3:30 p.m. Silent Reflection Time
- 4:30 p.m. Plenary Discussion
- 5:00 p.m. Transition to Worship
- 5:15 p.m. Eucharist
- 6:00 p.m. Dinner
- 7:15 p.m. Listening Circles
- 8:45 p.m. Transition to Worship
- 9:00 p.m. Night Prayer/Great Silence

## Saturday

- 7:30 a.m. Morning Prayer
- 8:00 a.m. Breakfast
- 8:30 a.m. Faculty Presentations
- 11:00 a.m. Eucharist , Lunch and Good-bye

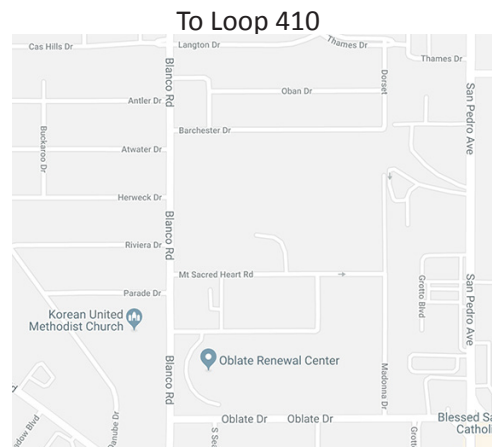
### Additional Information

Wear comfortable casual clothing.  
Bed linens & towels are provided.

# What is the Five Day Academy?

The Five-Day Academy for Spiritual Formation is a program of Upper Room Ministries, providing an opportunity for clergy and laity to draw close to a loving God through a daily rhythm of prayer, worship, learning, and reflection. Each day includes teachings by gifted spiritual leaders to deepen our walk with God, periods of silence, morning and evening prayer, Eucharist, and an opportunity to share with and encourage one another.

### Oblate Renewal Center



Located in central San Antonio, **Oblate Renewal Center** is one mile inside Loop 410 (Take the Blanco exit and turn south toward downtown on Blanco). The address is **5700 Blanco Rd., 78216**, **210-349-4173**. The entrance to the grounds will be on your left if coming from Loop 410. The Center is only 10 minutes from the airport.

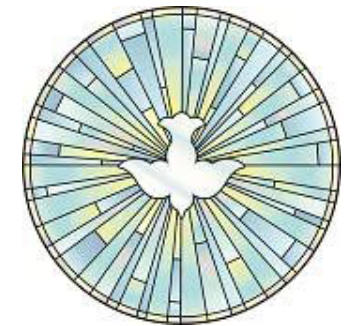


# The Five Day Academy for Spiritual Formation 2020

*A spiritual formation renewal program of THE UPPER ROOM, offered by the Academy for Spiritual Renewal, South Texas/Rio Texas Conference*

***Led by the Spirit:***

***Finding Courage to Engage in Difficult Times***



***'Not by might, nor by power, but by my spirit,' says the Almighty.***

***Zechariah 4:6***

**Monday, February 3, 3:00 pm to Saturday, February 8, 1:00 pm**  
**Oblate Renewal Center**  
**San Antonio, Texas**

# REGISTRATION FORM

Event Dates: February 3-8, 2020

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_ Zip: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_ Other: \_\_\_\_\_  
E-mail: \_\_\_\_\_  
Male: \_\_\_ Female: \_\_\_ Laity: \_\_\_ Clergy: \_\_\_  
Age: 20-30 \_\_\_ 30-40 \_\_\_ 40-50 \_\_\_ 60+ \_\_\_  
Local Church: \_\_\_\_\_  
Denomination: \_\_\_\_\_  
First time attending a 5-Day Academy? \_\_\_  
Preferred roommate \_\_\_\_\_  
Restricted Diet? \_\_\_\_\_  
Accessibility needs? \_\_\_\_\_

\*Assistance with translation? \_\_\_\_\_

**Please attach a short statement about why you are attending. This will be used to create Listening Circle groups.**

## RATES

**Early Registration** ends October 3, 2019

Single Room \$595.00 Double Room \$475.00

**Regular Registration** ends December 3, 2019

Single Room \$625.00 Double Room \$500

**Late Registration** ends January 20, 2020

Single Room \$650.00 Double Room \$525.00

*Limited Double Rooms Available*

**Non-refundable cancellation fee - \$100.00**

**Make checks payable to Rio Texas Conference**

and note *Five Day Academy on your check. Please return this form with accompanying statement and payment to:* **Fritzi Simon, Registrar**

**1510 Old McDade Road, Elgin, TX 78621**

**fritzisimon@yahoo.com/512-947-2166**

**Preferred payment** is the full amount at registration. However, upon request to the registrar, installments may be made with the final amount due 2 weeks prior to the event. Persons cancelling one week before an event not due to illness or family emergency, will not receive a refund.

## Our Faculty

### Ray Buckley

Director of Connectional Ministries and Native Discipleship for the Alaska Missionary Conference of the UMC, Ray

Buckley is the interim director for the Center of Native Spirituality and Christian Study. He has served the United Methodist Church as a staff member of the Methodist Publishing House, and Director of the Native People Communication Office for nine years.

Mr. Buckley is an author/illustrator of story books, the author of missional studies on Native peoples, and the *Holy Living Series: Prayer*. His stories, poetry, and art have appeared in numerous journals, periodicals, and books.

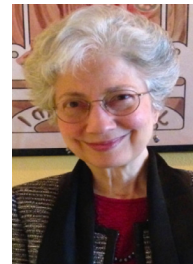


### Marjorie Thompson

Marjorie Thompson, ordained in the Presbyterian Church (USA), brings to her ministry over thirty years of experience in retreat work, teaching, and writing in Christian spiritual formation.

As the author of several books, including *Soul Feast: An Invitation to the Christian Spiritual Life*, she considers writing a central dimension of her vocation. Her most recent books for pastoral leaders and engaged laity are *The Gift of Encouragement* (2013) and *Forgiveness: A Lenten Study* (2014).

For twelve years Marjorie served as director of Pathways in Congregational Spirituality with the Upper Room Ministries. In that position she was chief architect of Companions in Christ, an innovative small group resource series for adult spiritual formation.



## An invitation to blessing...

Being an engaged Christian has never been easy. Today's culture expects and rewards expedience, material achievements, position and power over Christian values of humility, patience, kindness, and vulnerability. Divisive discourse surrounds us. What does it mean to be led by the Spirit in a time of doubt and anxiety?

Come, step away for a time apart, to discern how the roots and relevance of Christian spirituality guide us in fearful times. Use this time to find ways to equip yourself to be an engaged and steadfast follower of Christ for the world today.

## Scholarships

**There are \$150 Clergy Scholarships available through Methodist Healthcare Ministries and the Rio Texas Conference Wellness Program.**

**Contact: Eve Albert - evealbert@riotexas.org, 210-408-4551 • 210-408-4490 Fax**

**Some \$150 Laity Scholarships are available through the Academy Council for South Texas.**

**Contact: Rev. Donna Strieb - dstrieb@ahumc.org, or call 210-822-9176.**

## Meet your Academy Leadership Team

Retreat Leader - Mary Faithfull  
Worship Coordinator - Nancy Carter  
Listening Group Coordinator - Susan Shaw-Meadow  
Registrar - Fritzi Simon  
Hospitality - Patti Herndon  
Musician - Russell Miller

Questions? **Contact** Fritzi Simon at fritzisimon@yahoo.com/512-947-2166 or Mary Faithfull at maryfaithfull@gmail.com/512-565-1853