

REGISTRATION INFORMATION

We recommend that you register early as space is limited! Payment options are available by check or credit card.

Cost includes a single room with private bath, all meals, and tuition. A non-refundable registration fee of \$100 is required to reserve your Academy space. This amount will be applied to your total cost.

Register by check or credit card at
www.virginiafivedayacademy.org

* Limited Scholarship Assistance is available.
Contact Jerry Taylor
(703-798-6613) for info.

Total cost... \$775
Early-Bird Discount... -\$15
if registration paid by November 1st, 2019

Three CEUs are available for a fee of \$15.
Forms will be available during the week.

Questions?

Contact Pam Baldwin 540-280-0906 /
pambaldwin@vaumc.org

Or Robert Lewis 804-852-8476 /
robertlewis@vaumc.org



The Academy
for spiritual formation

FACULTY PRESENTERS



Rabbi Rachel Barenblat, named in 2016 by the Forward as one of America's Most Inspiring Rabbis, was ordained by ALEPH: Alliance for Jewish Renewal as a rabbi in 2011 and as a mashpi'ah ruchanit (spiritual director) in 2012. She holds a BA in religion from Williams College and an MFA in Writing and Literature from the Bennington Writing Seminars. In addition to several poetry chapbooks she is author of five book-length collections of poetry: 70 faces: Torah poems (Phoenicia Publishing, 2011), Waiting to Unfold (Phoenicia, 2013), Toward Sinai: Omer poems (Velveteen Rabbi, 2016), Open My Lips (Ben Yehuda Press, 2016), and Texts to the Holy (Ben Yehuda, 2018.)



Dr. Don E. Saliers returned to Candler in 2014 as Theologian-in-Residence after retiring in 2007 as the William R. Cannon Distinguished Professor of Theology and Worship. For many years he directed the Master of Sacred Music program at Emory, and was an organist and choirmaster at Cannon Chapel for 35 years. Before joining the Candler faculty in 1974, Saliers taught at Yale Divinity School, and has taught in summer programs at Notre Dame, Boston College, Vancouver School of Theology, St. John's University, and Boston University School of Theology. An accomplished musician, theologian and scholar of liturgics, Saliers is the author of 15 books on the relationship between theology and worship practices, as well as more than 150 articles, essays, chapters in books and book reviews. He co-authored A Song to Sing, a Life to Live with his daughter Emily Saliers, a member of the Indigo Girls.

The Five-Day Academy for
Spiritual Formation®

IN PARTNERSHIP WITH THE UPPER ROOM



SONGS FOR THE JOURNEY

MARCH 15-20, 2020

ROSLYN RETREAT CENTER
RICHMOND VIRGINIA

You are invited to join us
for a time of
Spiritual Refreshment
while exploring and experiencing
the beauty and spirituality of
PSALMS AND HYMNS



ABOUT THE ACADEMY

The Five Day Academy for Spiritual Formation is designed for:

- ◇ Persons seeking spiritual growth
- ◇ Women and Men
- ◇ Laity and Clergy
- ◇ Worship, Study, Rest and Renewal
- ◇ Silence, Solitude and Community
- ◇ Prayer and Reflection
- ◇ Learning Spiritual Disciplines
- ◇ Deepening your relationship with God

2020 Leadership Team

Team Leaders

**Rev. Robert Lewis
& Rev. Pam Baldwin**

Worship Leader

Ben Yosua-Davis

Covenant Group Coordinator

Rev. Jeffrey Haugh

Spiritual Director

Rev. Kim Barker-Brugman

Registrar & Treasurer

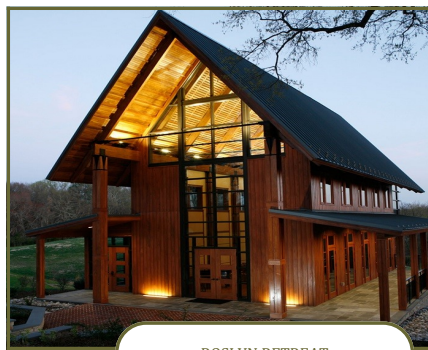
Rev. Kyungsuk Cho

Hospitality Coordinator

Cathy Bowen

Promotion & Funding

Jerry Taylor



ROSLYN RETREAT



The Academy for Spiritual Formation creates safe space for people to be in communion with God, self, others, and creation for the sake of the world.

Worship

Worship shapes the heart and soul of this gathering. With forty or fifty participants, the community is just the right size for rich worship experiences. Following ancient practices the day begins with Morning Prayer and closes with Night Prayer; we begin and end each day with God. The Sacrament of Holy communion or Eucharist is celebrated every day as well, a time to “taste and see the goodness of the Lord.” The Upper Room Worship Book offers a wide variety of musical selections and liturgies that are theologically sound and appropriate for this spiritual formation journey.

Community

Throughout the week you will meet in a small group called a covenant group. Here you will be invited to reflect on your spiritual journey and share how God is working in you during the academy. As the week goes on, the covenant group can be a sacred place for spiritual growth and intimacy.

Daily Rhythm

The academy offers an opportunity for you to deepen your relationship with God through a daily rhythm of prayer, worship, learning and reflection. Each day includes teaching by gifted spiritual leaders (Rabbi Rachel Barenblat and Dr. Don Saliers), periods of silence, morning and evening prayer, Eucharist, covenant groups and community time. Time for rest and reflection are part of each day.



Who Will be There?

A basic knowledge of the Christian faith is assumed, and so is a willingness to grow and struggle. Some participants may be skeptical in their faith and others may be deeply trusting; the key is a desire to grow in one's relationship to God. Along with a mix of clergy and laity, several denominations will be represented. All are welcome to this community. This is your place to retreat, rest and grow!

[Daily Schedule]

7:30 am Morning Prayer

8:00 am Breakfast

9:00 am Faculty Presentation

10:00 am Silent Reflection Time

11:00 am Group Discussion

12:00 pm Lunch and Free Time

2:30 pm Faculty Presentation

3:30 pm Silent Reflection Time

4:30 pm Group Discussion

5:15 pm Eucharist Service

6:00 pm Dinner and Free Time

7:30 pm Covenant Groups

9:00 pm Night Prayer

Great Silence until Morning Prayer