

## **RESEARCH AFFIRMS IMPACT OF ACADEMY:**

**The Doble Research Associates, who have worked with over 70 clients and partner organizations including foundations, government agencies, public service organizations, states, colleges, and corporation, found from respondents an exceptionally high amount of change in the participants**

### **Personal Changes due to the Academy:**

**Deeper hunger for God, 79%**

**More self-compassion, 74%**

**Shaped practice of ministry, 71%**

### **Behavioral Changes:**

**74% or more:**

**More time for prayer, reflection, and meditation**

**Read scripture more meditatively**

**More readily seeking spiritual friendships and counsel**

**Go on retreats**

### **Attitudinal Changes:**

**Deeper, richer understanding of self, 90%**

**More aware of spiritual journeys of others, 88%**

**Deeper appreciation of Christian spirituality, 88%**

**More forgiving of myself, 81%**

**Deeper appreciation for liturgy, 78%**

### **Changes in Practice of Ministry**

**More focus on role as spiritual guide, 81%**

**Need to offer healing ministries, 71%**

**Take more risks with congregation, 65%**

**More open and vulnerable in preaching, 64%**

**More silence, 60%**

**Changed committee meetings, 59%**