



COLUMBIA, IL
MAY 5-10, 2024



The Academy
for spiritual formation[®]

ACADEMY.UPPERROOM.ORG



The Academy
for spiritual formation®

What to Expect

- A fertile habitat for intentional spiritual growth.
- A disciplined community of prayer, study, worship, and fellowship.
- An celebration of holistic spirituality, renewing body, mind, and spirit.
- A place where communal silence enhances personal prayer and reflection.
 - A space to experience the rhythms of morning, evening, and nightly prayers, as well as daily Eucharist.

Got Questions?

Contact our team co-leaders for more information:

Rachel Stockle • pastor@vsumc.org

Kathy Crozier • kathycrozier@outlook.com

Register Today At:

www.igrc.org/fiveday

The Academy for Spiritual Formation

Lay and clergy persons are invited to participate in the Illinois Great Rivers Five-Day Academy for Spiritual Formation. This retreat, a program of Upper Room® Ministries, is an opportunity to tune our hearts toward God through a daily rhythm of prayer, worship, learning, and reflection. Each day includes teachings by gifted spiritual leaders to deepen our walk with God, periods of silence, morning and evening prayer, Eucharist, and an opportunity to share with and encourage one another in small groups.

Dates: May 5-10, 2024

Location: Todd Hall Retreat Center, Columbia, IL
(320 Todd Center Dr, Columbia, IL • www.toddhallretreat.org)

Early Registration*: \$675/double occupancy, \$825 single**

*Price increases \$50 after January 8, 2024, Registration ends 3/20/2024.

**Limited number of single rooms available.

\$200 scholarships available for first-time attendees.

Continuing Education Credit:

Continuing education credits are available upon request. Scholarships may be available through your conference or denomination.

Register Today At:

www.igrc.org/fiveday



Dive in to experience God's grace through

Daily Schedule

Sunday, May 5

- 3:00 Arrival/Settling In
- 5:15 Eucharist
- 6:00 Dinner
- 7:00 Welcome/Orientation
- 7:30 Listening Circles
- 8:45 Night Prayer
- 9:00 Silence Until After Morning Prayer

Typical Days, May 6-9

- 7:30 Morning Prayer
- 8:00 Breakfast
- 9:00 Morning Session
- 10:00 Silence & Solitude
- 11:00 Discussion with Faculty
- 11:30 Community Time
- 12:00 Lunch & Free Time

- 2:30 Afternoon Session
- 3:30 Silence & Solitude
- 4:30 Discussion with Faculty
- 5:15 Eucharist
- 6:00 Dinner
- 7:30 Listening Circles
- 9:00 Night Prayer
- 9:15 Silence Until After Morning Prayer

Friday, May 10

- 7:30 Morning Prayer
- 8:00 Breakfast
- 8:45 Morning Session I
- 10:00 Morning Session II
- 11:15 Eucharist
- 12:00 Lunch

Faculty



Jerry Haas

serves as Senior Advisor to Border Community Alliance, a nonprofit committed to education and collaboration in the US-Mexico Borderlands. He also serves

as Minister of Spiritual Formation and Social Justice at the UMC of Green Valley. Prior to this, he served as director of the Academy for Spiritual Formation and spiritual director of The Upper Room (1999–2012) and pastored churches in Arizona for 25 years. Jerry and his wife, Donna, live in Green Valley, Arizona.



Noel Forlini

Burt teaches and lectures widely in the intersection of Bible and spiritual formation. A spiritual director, retreat leader, and academic, Noel

believes the Bible is a deep well from which people can draw in their own spiritual formation. She is happily married to Spike, a minister to men in drug and alcohol recovery in inner city Birmingham, Alabama.

gh the rhythms of the 5-Day Academy.